

hand), and (3) the fulcrum (this is the left hand). At the moment of impact the hands work not together but against each other.

Immediately prior to and during the moment of the club's contact with the ball, the right hand speeds up the club head. It cannot do this if the left hand fails to offer a backward resistance against the upper end of the club handle. Of course, while this forward pressure of the right hand and backward resistance of the left is going on, the sweep of the arms and the turning of the body are carrying both hands forward through the swing. Nevertheless, the hands do work decidedly against each other. If they don't, the club handle will go through ahead of the club head and slice 6 will be the result.

REMEDY: At the impact set up a **momentary** resistance from the left foot all the way up the left side of the body to the left shoulder that will stop the body from turning to the left too early, and transfer the resistance down the left arm to the hand. This is necessary to support the left hand and is generally referred to as hitting against the left side. The less your toe is turned out at the moment of impact the more your left foot will be able to help the left side of the body in setting up early enough and great enough resistance. Be sure that you pivot your body well around to the right on the back swing, but on the follow through do your utmost to stop it from whirling around