

FUNDAMENTAL 9

Wrist Power Greatest speed producer. The left wrist should be the axis of all wrist action. Therefore, the right hand must work about the left, and, because the left wrist is a fulcrum of the wrist action, the grip with the left hand must be firmer than with the right.

The right hand has a great deal of work to do, but its work is entirely different from that of the left hand. The right hand guides the club head, controls the club face and delivers the blow. At first thought this might seem all there is to be done, but there is something else and of far greater importance—which has to be done by the left hand—*Unite the Chain of Levers*. At the moment of impact the left arm and club are like one solid lever from the left shoulder down to the club head. The left hand is the connecting link between the player and the club; it is a part of the lever. The strength of the lever must be greater than the power that operates it.

The right hand does not have to grip hard in order to guide or push the club thru. The left must, because the right hand delivers its blow against the left. I do not mean to underestimate the work of the right hand. On the contrary the right hand has much work to do, but that work is not to grip the club tightly. To do so would not only spoil its own work, but it would spoil the looseness and freedom of the wrists and possibly render the left wrist incapable of functioning as a fulcrum and all wrist action would be destroyed.