**HITTING AGAINST THE BACK OF THE LEFT HAND**

The left hand and impact position that this handshape fulfills is shown below, from page 32.

By Ronald Buss 1966

It is all very well to say ‘swing the ball away’. But no golf ball was ever sent a long way without some sort of resistance creeping into the swing—without hitting past the ball and allowing the clubhead to overtake the hands. If the towering or tugging down from the top continued without some resistance somewhere, the clubhead would never catch up with the hands and the body. It will trailer all the time.

Now what sort of resistance can be found?

**THE PRO AT WORK**

"From here the right hand brings the clubhead through..." as the left foot takes to "heel." Most people have seen this action naturally, but by holding the club as if it were a golf club and placing the clubhead on the floor, the left foot is clearly visible. The left foot does not just push the clubhead along; sometimes a sideways pivot with each player, and for various reasons, it will hit the right hand or the clubhead itself. It takes a fast-handled club on tour.

By Ronald Buss 1966

Back swing too stiff is more common in America because there many of the so-called modern school believe that wrist action as we know it —where the wrists open and close the club-face—is out of date. They are very wrong.

"When golf instructors say ‘let your left arm control the swing’, they ought to add: ‘If your right arm will allow it.’ That is why an educated man is essential. Yet how many instructors teach their pupils how to use this arm and hand?"

The good gulf swing is a swing plus a hit. The swing comes from the downward swing of the left arm, the club, head, blade of the hand and in as a shot must always be as close to impact as it can be firmly and more loosely held in either part of the swing, but impact seems to come from the shoulder, stomach or hands. The more consistent the clubhead swing, the better the result. The help weight of the clubhead can be imagined and the feel will be seen on the way.

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My essentials: to swing inside-to-out and to hit past the left wrist with the head of the club.

As explained by Sir Henry Cotton on YouTube™
https://www.youtube.com/watch?v=DL4dU3p5sRE
https://www.youtube.com/watch?v=W9KfluhkmBg