

right hand which renders the left hand, arm, and shoulder more or less helpless and useless. When this is the case a firm grip and masterful control of the club with the left may be developed by the practice of swinging the club with the left only. Use a number two iron, take full swings one-handed, and even drive balls with the left only, learning to hit the ball with accuracy.

**Fundamental 9. DELAY RIGHT FORE-ARM AND WRIST HIT:** Greatest speed producer. For all strokes of considerable distance the **left** wrist should be the hinge of the wrist action. The right hand must work around the left because the left is the fulcrum or hinge on which the wrist action pivots. That is why the grip with the left hand must be firmer than with the right. The right hand and forearm furnish the power which swings the club head through the arc which pivots in the left wrist.

This wrist action should not take place until the lateral hip action which takes care of the shifting of the body weight, and the downward pull of the left arm which drags the club handle down to the hitting area have **almost** completed their part in the down swing. The wrists now whip the club head down and through the ball.

Note this: it is **not** the rotary shoulder movement nor the downward arm sweeping movement that speeds up the club **head**.